

6 SMALL PRAYERS

FOR YOUR MEDITATION

By Janice MacLean, Host of the Prayer Bench

Day 1

O Jesus,
who wants only goodness for us.
You know our deep longing to do what you want.
Help us to trust that our love is enough,
That we are enough.
Our daily labours really do make a difference. Amen.

Day 2

O Jesus,
Your kingdom comes, all the time.
All the time, your kingdom comes.
May we scatter seeds of love in the world around us,
and with the eyes of our heart
see love and beauty, goodness, and grace.
On earth as in heaven. Amen.

Day 3

O Jesus,
you read the hearts of all who come to you.
We are not too young to come,
We are not too old to come.
We are just right in your eyes.
Come with us to the place of our deepest need.
Come with us. Amen.

Day 4

O Jesus,
sender of people to do your work.
We are the church labouring in the world.
We are grateful for our friends at (*name your community of faith*)
We pray for one another.
We journey together in missions of goodness and love.
Amen.

Day 5

O Jesus,
who moved from times of quiet to bursts of busyness,
During our laboured days feed our longing for quiet.
Give us clarity in stillness how we can help others.
Let us feel in our heart the deep concern you have for all
And courageously respond. Amen.

Day 6

O Jesus, the healer
everyone is excited about bringing people to you.
They are touched by you.
We bring our people too, the loved ones we carry in our hearts ...
the sick ones, the ones with new joys and challenges,
the ones who are troubled in mind or spirit.
Jesus help each one with what they need most. Amen.

Day 7

You might like to write a prayer for your day in this space