



An Intentional practice Of Praying For The World

As people of faith, we hope for a world of peace, justice, fair distribution of resources, respect for all of creation, respect for all peoples...

Everyday we hear stories and see images of the many places in our world where there is pain, suffering, hunger, violence, disasters, despair....

And we hear God's call for *prayer and action* to bring hope and healing to these places of brokenness and pain.

Prayer and action... two sides of the same coin.

We are invited, as a community of faith, to an intentional practice of praying for the world. A basket of prayer cards, each inscribed with a particular issue, rests on the communion table during our worship time. At the closing of the service, you are invited to take a prayer card home with you. You might place the card in your home where you will see it often.

One way of offering prayer for each particular issue might be to simply take it into your heart each time your eyes rest on it, and with your in-breath, hold it in God's love and light, and with your out-breath, release it as you imagine it joining God's prayer. Over and over, little bursts of prayer energy, released into the universe.

And multiply that by 10, 20, 30...of us doing the same in our own homes, praying for the relief of suffering and the healing of our world... a virtual explosion of prayer energy released into the universe...and we believe God can work with that.

You may keep the prayer card indefinitely, or return it to the basket some Sunday and choose another.

This practice of praying for our world is for all of us: all ages, all personality types. We can do it whether we live alone or are part of a busy household. Wherever and whenever we pray, we will know we are part of a community AT prayer for our world.