



Landscapes of the Soul

Session 4: Trees of the Field - Community

PARTICIPANT PAGE #4

There is opportunity today to spend time in a Bible-less Bible study. This combines the Discussion Time and Group Spiritual Practice.

A while ago I took part in a Bible-less Bible study. I was told that it originated with a group of Christian Peacemakers who were imprisoned together. They didn't have a Bible but each day they would do Bible study by recalling from memory some stories and then deciding on one. Together they would tell the story from memory.

As a group, brainstorm bible stories/passages you would like to study. You might want to choose a story in which trees are central. You might remember one of the stories mentioned in the audio recording or another one with a tree.

Agree upon one story and help each other recall the details. It doesn't matter if you remember everything. You will remember all the story you need.

Then ask the following questions and share responses. There are no right or wrong answers.

What is the main point of this story for me today?

What is difficult, challenging or confusing about this story?

How might this story change my life?

Take it Outside

"Between a human and a tree is the breath. We are each other's air." - Unknown Author

You might want to go outside this week and visit a tree. Being in the presence of a tree is grounding. Be mindful of your breath and grateful for the shared relationship sustaining you and tree. The tree uses the air you exhale. You breathe the oxygen the tree breathes out.